

TeamLVC Youth Volleyball Skill Development Program

The LVC skill development program is designed to teach young players the basic skills and strategies associated with the game of volleyball in a fun environment.

- All skill development sessions will be held at Genet Elementary School (29 Englewood Ave. East Greenbush, NY 12061) from 6-7:30 pm on Wednesday nights.
- The cost will be \$95 per player for 10 practice sessions plus the online USAV registration.
- Players must renew or complete their USAV registration online: ireva.org/registration/wizard.aspx
- Things to bring: court sneakers, t-shirt, shorts and knee pads (if you wear them).
- The dates of practice are:
 - January: 1/3, 1/10, 1/17, 1/31
 - February: 2/7, 2/4, 2/28
 - March: 3/7, 3/14, 3/21 (3/28 & 4/11 are make up days).
- Checks can be made out to "Legion Volleyball Club" and if you are interested in playing please contact Chris Hosley.
- All payments can be sent to:

Legion Volleyball Club
Attn: Chris Hosley
551 Second Ave.
Troy, NY 12182



Chris Hosley
legionvbc@gmail.com