

2019 IREVA GIRLS HIGH PERFORMANCE TRY-OUT INFORMATION

PROGRAM OVERVIEW

- The IREVA High Performance (HP) program selects, develops and supports junior-level athletes who have the desire to become the best volleyball players at the highest level. The program is highly competitive and provides athletes with an opportunity to train and compete with some of the region's best athletes and coaches.

ELIGIBILITY

- USAV membership required – USAV regular or one day memberships acceptable for tryouts.
 - Athletes attending IREVA High Performance Camps must have a regular membership at time of camp.
- Completed USAV Medical Release Form.
- Tryout Fee Payment.
- Attendance at a minimum of one (1) tryout. Athletes who cannot participate due to injury are expected to attend a tryout and should contact Coach Medley ahead of the tryout.
- Age Definitions – The High Performance program follows FIVB guidelines which differ from USAV club definitions.

TRYOUTS

	<u>Women's/Girls Program</u>	<u>Men's/Boys Program</u>
Junior	Born in 2000 or 2001	Born in 1999 or 2000
Youth	Born in 2002 or 2003	Born in 2001 or 2002
Select	Born in 2004 or 2005	Born in 2003 or 2004
Future Select	Born in 2006 or 2007 or later	Born in 2005 or 2006 or later

- Women's/Girls Program
 - Athletes must attend a minimum of one tryout. Tryouts are position specific.
 - Athletes may elect to attend multiple tryouts for a variety of reasons including:
 - Desire to tryout at two positions.
 - Desire to improve upon a previous tryout performance.
 - Desire to attend tryouts because enjoy the experience.
 - **2019 TRYOUT DATES AND LOCATIONS**
 - Friday, March 8 – Combined USAVolleyball National HP/IREVA Regional HP tryout*
 - Skidmore College 5:00 – 9:00 pm (confirmed; USAV updating)
 - Friday, March 15 - Region High Performance Tryout
 - Union College 5:00 – 9:00 pm
 - Friday, March 22 – Region High Performance Tryout
 - Ithaca College 5:00 – 9:00 pm

All tryouts will follow following format:

- Registration and Physical Testing 5:00 – 6:00 pm
- Tryout and Evaluation 6:00 – 9:00 pm

HOW TO REGISTER FOR TRYOUTS

March 8, 2019 - Combined USAV National/IREVA Regional Tryout:

1. Register for Tryout: Go to <https://www.teamusa.org/usa-volleyball/high-performance/hp-indoor/tryouts>
 - i. Follow the online instructions to register for the event. **SELECT "JOINT REGIONAL TRYOUT" OPTION UPON CHECK OUT TO ENSURE THAT YOU ARE REGISTERED FOR THE REGIONAL TRYOUT.**
2. Medical Release – Please bring a completed medical release form: www.teamusa.org/usa-volleyball/membership/forms. A completed medical release form must be brought to each tryout.
 - i. YES, even if you've already completed a medical release for a club team. Be sure the form has the required parent signature and is filled out correctly.

ii. BRING THE COMPLETED MEDICAL RELEASE WITH YOU TO TRYOUTS.

March 15, 2019 and/or March 22, 2019 – IREVA Regional Tryout

1. Confirm USAV/IREVA Membership Status

- Current USAV/IREVA members:
 - Login to WEBPOINT and make sure all personal information on WEBPOINT is current and correct before submitting a try-out registration.
- Non – Members:
 - Go to our www.ireva.org/page/show/4238635-registration
 - Select either One Day/One Event Membership (1 tryout) or One Event Multi Day Membership (both tryouts).
 - Complete registration for USAV membership. Credit card payments accepted.

2. Register for Tryout(s)

- Go to <https://webpoint.usavolleyball.org/wp15/IntraLock/Login.aspebpoint>:
 - Expand **Region Clinics** (located under USA Volleyball Events) and Select **Region HP Tryouts** (Continue to check site if not immediately active).
 - Pay fee. **EARLY REGISTRATION CLOSES** at 11:59 PM the Tuesday before each tryout. NO EXCEPTIONS.



3. Tryout Registration Begins at 5:00 pm SHARP each day. Bring the following with you to tryouts:

- **Registration Confirmation.**
- **Medical Release** – Please bring a completed medical release form: www.teamusa.org/usa-volleyball/membership/forms. A completed medical release form must be brought to each tryout.
- Walk Up Registration permissible until 5:30 pm day of tryout. Payment required at time of check-in. Cash or checks payable to IREVA acceptable. Credit card payments not accepted at check in.

4. PRE- REGISTRATION is strongly encouraged to expedite check in.

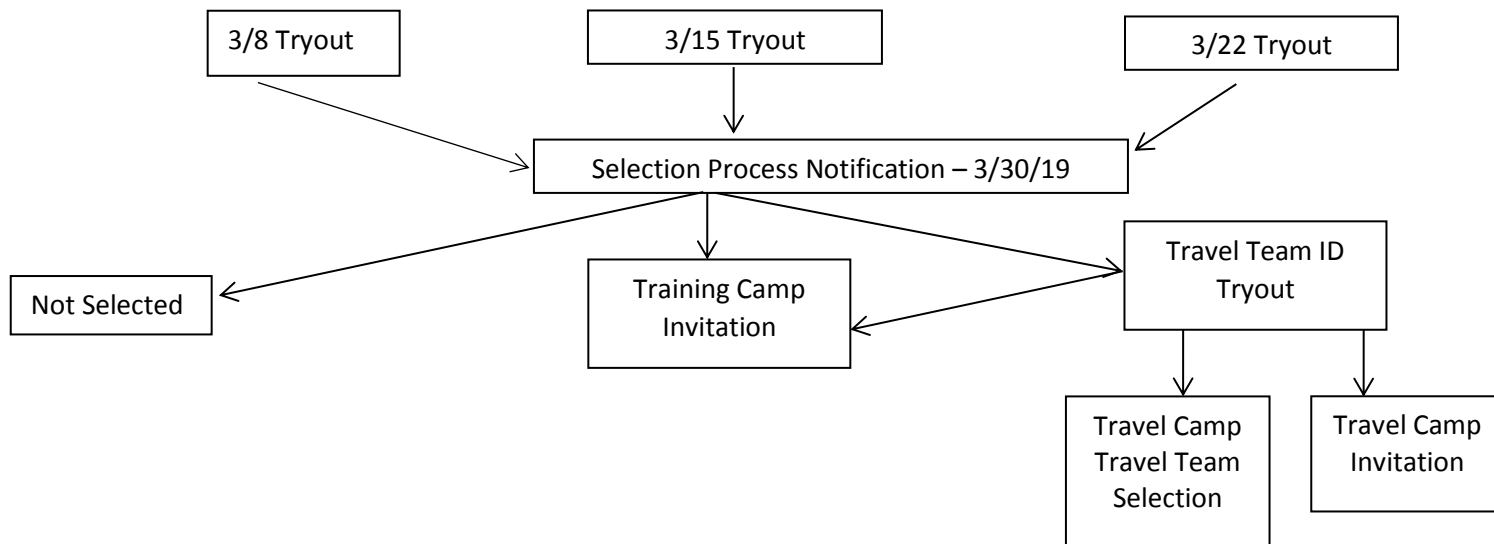
5. QUESTIONS ABOUT TRYOUTS

- Contact Coach Medley: gladjean13@gmail.com
- Coach Medley or Program Intern, Jessica Fowler will answer your inquiry within 24 hours.

6. WHAT HAPPENS NEXT?

- March 29, 2019 – Athletes notified regarding their results.
- Please see the following flow chart to understand the process. Please take note of dates.

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7. ADDITIONAL DATES AND COSTS

- **Travel ID Camp** May 11 10:00 am – May 12 4:00 pm Location TBA \$250.00
- **Training Camp** Confirming Dates – posted soon SUNY Brockport \$415.00
- **Travel Camp** Confirming Dates – posted soon SUNY Brockport \$415.00
- **USAV High Performance Championships** July 18 – 22 Fort Lauderdale, FL
 - Approximate Cost = \$1400 + Travel Camp Fee
 - Athletes selected to represent IREVA as a member of one of the travel teams should plan for travel to include July 27-July 23 inclusive. As we get closer to the competition, travel dates and cost will be confirmed.
 - ALL athletes must travel with the program to the event.
 - Athletes may elect to travel back from tournament with families.